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COMMITTEES

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Simon Shimshon Rubin

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Chairs: **Bennie Leezer, Simon Shimshon Rubin**

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Rachel Laniado

Ruth Malkinson

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Yaela Cohen

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Rivka Yahav

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INTERNATIONAL SCIENTIFIC ADVISORY BOARD

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Amy Chow, Hong Kong, SAR, China

Christopher Hall, Australia

Robert Neimeyer, USA

Colin M. Parkes, UK

Phyllis Silverman, USA

GENERAL INFORMATION

VENUE

Isrotel King Solomon Hotel
North Shore
Eilat 88000, Israel
Tel: +972 8 636 3444, Fax: +972 8 633 7695

LANGUAGE

The Conference will be conducted in both English and Hebrew.

REGISTRATION / HOSPITALITY / INFORMATION

The Registration and Hospitality Desk will operate as follows:

A registration and hospitality desk will operate on Floor -1, at the King Solomon Hotel, at the following times:

Monday, January 11 - Thursday, January 14

08:00 - Till the end of sessions each day

HOTEL CHECK IN / CHECK OUT

Check-in: 15:00, Check-out: 12:00

CONGRESS KIT, LUNCHESES AND COFFEE BREAKS

Upon registration you will have received your conference kit containing the program, vouchers for lunches, plus a name tag. Please wear your name tag to all sessions and events. Coffee breaks will be served in the foyer on floor -1. Lunches will be served in the hotel dining room located on the entrance level (entrance by voucher).

PROJECTION

Participants who will be giving a talk should bring their PowerPoint presentation on a USB memory stick. Please meet with the technician in the hall during the break before your session to load your presentation onto the Conference computer. You may supply your own laptop computer as back-up.

POSTERS

The conference will feature electronic posters, which will be presented on a plasma screen in the conference area, located in the foyer next to the main hall. There will be an award for the BEST POSTER. The appointed judges will be carrying out their evaluations on Wednesday, January 13, between 18:15-19:30.

GENERAL INFORMATION (continued)

ABSTRACTS

All abstracts can be viewed online at www.ovdan-eilat2016.com
Please use the password: ovdan2016 to log onto the page.

INTERNET ACCESS

The hotel offers free internet access. It is recommended only to use the internet for emails and not for skype or other apps as it is limited.

SOCIAL PROGRAM

All fully registered participants are welcome to attend the social events.

Tuesday, January 12, 2016 at 20:30

King Solomon Hall
Performance by the artist Ilana Yahav ("sand-art")

Wednesday, January 13, 2016 at 21:00

Entertainment Lobby
A "moving" experience by Zahara Elias-Cohen

TRAVEL AND ACCOMMODATION

Target Conferences, the official conference travel agent, will be happy to assist participants requiring additional hotel accommodation, tours, car rentals, domestic flights, transfers etc. Please contact us at the hospitality desk. Payment for any of these services can be made in foreign currency or via major credit cards.

CONFERENCE SECRETARIAT

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Shalom,

My colleagues in Israel and I are very happy to welcome you to this conference devoted to Loss, Bereavement and Human Resilience in Israeli Society and the World. While the majority of our attendees come from Israel, we do have attendees from China, Europe, and North America. Professionals who work in the field of loss and bereavement are here as are persons who have an interest in the field and who may have come to that from their own personal experiences of bereavement. All in all, there is a rich mix of people and perspectives coming together and we hope you each find time to renew old connections and make new ones as well.



We thank the plenary lecturers, Professors and Drs. Amy Chow, Shmuel “Mooli” Lahad, Ruth Malkinson, Robert “Bob” Neimeyer, Colin Murray Parkes, Simon Shimshon Rubin, and Eliezer Witztum for their willingness to come and share their knowledge with us. We also recognize and thank all those who will be presenting and are here to share their thinking as well as learn from others.

From behind the scenes, I can say that the conference organizers, committee members and chairpersons worked very hard to make this conference one with great potential. They certainly deserve recognition as does Target conferences. Three years after the very successful 2013 Hebrew language Eilat conference, we set out to create a new opportunity for growth and learning. Our hope was to create a space that would allow international participation without losing the intimacy and learning that occurs amongst the Israeli participants themselves. We hope that the conference will meet and exceed our expectations and yours.

This conference is the product of the Israeli Bereavement Forum and the University of Haifa's International Center for Loss, Bereavement and Human Resilience focus on broadening Israeli society's understanding of loss and bereavement. The conference committees include leaders in this field from the academic and clinical arenas, key personnel in government and non-governmental agencies, and persons representing lay and professional leadership. In addition to the University of Haifa and our own center's involvement, governmental and NGO organizations who sent representatives include the Ministry of Social Welfare, the Ministry of Defense's Bereaved Families and Memorialization division, the Israel Defense Forces, the Health Ministry, the Police, the Ministry of Education, the Ministry of Law, the National Insurance Institute of Israel (Bituach Leumi), Elah Organization for Social and Emotional Support, The College for Academic Studies in Or Yehuda, the Yad Lebanim Organization representing bereaved parents and families from the uniformed services, the Organization for Widows and Orphans of the Israel Defense Forces, the Israel Trauma Coalition, Yad Leniktafim, the Joint, the University of Haifa's Multi-disciplinary Clinical Center have also been active in supporting the conference. We can truly say that this conference in Eilat is one of

the fruits of a unique partnership devoted to furthering the appreciation of the challenges and opportunities faced by bereaved individuals, communities, and Israel's multiethnic multicultural society.

Despite decades of active involvement in furthering the theoretical, applied, clinical and research aspects of the field of loss and bereavement, the establishment of our center as the first (and currently only) center devoted to bereavement and human resilience per se in Israel remains a new development and very much a work in progress.

All losses are painful, and yet, as individuals, families and communities, we cope, manage and grow. It is our ability to maintain respect for the bereaved alongside the memory and love of those who no longer walk the earth with us that allows us to go on with the work of living. Your efforts support will help us continue to minimize suffering and maximize respect for those affected by loss.

Sincerely,

Shimshon

Simon Shimshon Rubin - Professor of Clinical Psychology
Conference Chairman and Director of the Center
University of Haifa

Dear Participants,

It is our pleasure to welcome you to the **2nd International Conference on Loss, Bereavement & Human Resilience in Israel and the World; Facts, Insights & Implications.**

Elah - the center for mental coping with loss is the most veteran NPO in Israel to provide psycho-social assistance to Holocaust survivors. In addition, we have been a leading institution in the treatment of bereavement in Israel in the past decades. We have treated thousands of people who have suffered loss, bereavement, trauma and other mental difficulties and have established and coordinated programs for governmental and other aid bodies. Today, Elah operates the *SNEH program - Legal and Psycho-social Assistance Centers for Families Bereaved by Homicide* for the Israeli Ministry of Welfare under supervision of its National Supervisor for Bereavement and Loss, Mr. Ilan Sharif.



In our daily work we are exposed to the intense human suffering caused by loss and bereavement in general and even more so by the particular reality of Israel society. The painful subject of this conference is important, and relevant to each and every one of us as humans and as Israeli citizens.

We hope that this year's conference will illuminate significant professional insights related to the treatment of loss, and will invoke in everyone concerned the urge to do more and to be better for the sake of our individual patients and for the sake of society as a whole.

We are looking forward to a professional and social encounter between therapists and those who receive treatment, from Israel and from abroad, and we hope you will enjoy the personal interaction at joint panels, unique workshops and lectures from renowned specialists, who have joined us here in Israel in spite of the troublesome times we are going through.

We are proud to be partners in the preparation and organization of this conference. We have aimed to offer you the very best of our accumulated experience and knowledge in the conference program and we sincerely hope you will benefit both professionally and personally from its varied and enriching contents.

Sincerely,

Bennie Leezer, MBA
Chair of the Steering Committee
Co-CEO of Elah, the Center for Mental Coping with Loss

Shalom and Welcome,

Following the success of the 2013 Conference on Loss, Bereavement and Human Resilience in Israeli Society, it did not take long for the Bereavement Forum to decide to continue where that one left off. The Forum, chaired by Professor Simon Shimshon Rubin at the International Center for the Study of Loss, Bereavement and Human Resilience, brings together persons representing a broad range of government agencies, academic centers, NGO's, who are interested in sharing and working with each other to improve public policy, service delivery, research and clinical practice in the area of bereavement. Many of the sponsors of this conference come from this forum.



The first conference was an Israeli conference with invited speakers from Israel and abroad. The present conference has a more international focus. We are honored to have Professors Amy Chow, Colin Murray Parkes and Robert "Bob" Neimeyer as our guests and keynote speakers from abroad. Representing the local bereavement experts, Professors Shmuel "Mooli" Lahad, Shimshon Rubin, Eliezer Witztum, and myself will be delivering keynotes in English as well as in Hebrew for the participants.

The day and a half preconference workshop with Bob Neimeyer promises to get us off to a wonderful start, and we hope that many of you have taken the opportunity to participate in that forum. Our invitation to submit proposals for the conference met with a strong response from professionals in Israel and abroad willing to share their clinical, public policy, research and theoretical expertise. As of this writing, we have reviewed and accepted a broad range of mini-workshops, oral presentations, symposia and posters and we are confident that the program is a strong one. As you can see in the program, the range of topics on loss, grief and mourning include modalities of clinical practice, research findings, and case studies.

As in our previous conference, participation is open to both professionals as well as to those who have experienced loss and who bring interest in the development of the field alongside their own personal experience to the conference.

The Scientific Committee worked hard to read and review the abstracts submitted as well as to organize the program. I want to thank the members of the committee for their hard work and hope that the result will meet with your approval as well.

All that is left for me to do is to wish all of you a positive experience balancing listening and learning with opportunities for dialogue and connection, so that the impact of the conference will remain long after we have left Eilat.

Sincerely,

Ruth Malkinson, PhD
Chair of the Scientific Committee

Dear Colleagues and Friends,

We will be delighted to be your hosts at the Second International Conference on Loss, Bereavement and Human Resilience in Israel and the World to take place in January 2016, in Eilat, Israel.



We invite you to take a pause, far away from the madding day-by-day routine, for fascinating days of learning, personal and professional development. Here in Israel, we are pleased to be involved in the evolution of a national bereavement forum. This forum, incorporating academic and research bodies, as well as governmental and non - governmental organizations, share the mission of assisting and escorting families and individuals who have lost a loved one. We are certain, that this significant field of bereavement and loss, bears upon and affects the lives of us all: researchers, therapists, accompanying persons and those who have experienced bereavement on a personal basis. At the conference we will have the opportunity to learn from some of the leading experts in the field both locally and internationally and share experiences. The conference will facilitate professional and interpersonal interactions that engender knowledge, personal experience, therapeutic insights and research developments.

We are looking forward to your arrival and are certain that the meeting will be productive for us all.

Best regards,

Eti Ablin, PhD
Ronit Shalev, PhD
Co-Chairs of the Organizing Committee

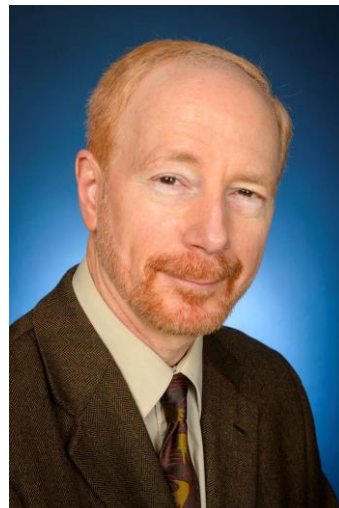
INVITED LECTURES

INTERVENING IN MEANING: NEW DIRECTIONS IN GRIEF THERAPY

Robert A. Neimeyer

Viewed from a constructivist perspective, a central process in grieving is the attempt to reaffirm or reconstruct a world of meaning that has been challenged by loss. As research with bereaved young people, parents and older adults indicates, both natural and violent death losses can leave mourners struggling to process the event story of the death and to make sense of its implications for their lives, and to access the back story of their relationship with their deceased loved one in a way that reaffirms their sense of secure attachment. In this presentation I summarize our group's recent studies of the psychological and spiritual struggle to make sense of loss, outline several validated measures of meaning-making processes and outcomes, and describe current research to evaluate the impact of narrative and expressive arts interventions to help people find growth through grief.

Robert A. Neimeyer, Ph.D., is Professor in the Department of Psychology, University of Memphis, where he also maintains an active clinical practice. Since completing his doctoral training at the University of Nebraska in 1982, he has published 27 books, including *Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved* and *Grief and the Expressive Arts: Practices for Creating Meaning* (both with Routledge), and serves as Editor of the journal *Death Studies*. The author of over 400 articles and book chapters, he is currently working to advance a more adequate theory of grieving as a meaning-making process, both in his published work and through his frequent professional workshops for national and international audiences. The recipient of the MISS Foundation's *Phoenix Award: Rising to the Service of Humanity*, Neimeyer served as Chair of the International Work Group for Death, Dying, & Bereavement and President of the Association for Death Education and Counseling. In recognition of his scholarly contributions, he has been granted the Eminent Faculty Award by the University of Memphis, made a Fellow of the Clinical Psychology Division of the American Psychological Association, given ADEC's Research Recognition, Clinical Practice, and Lifetime Achievement Awards, and designated an Honored Associate of the Viktor Frankl Association for his career contributions to the study of human meaning.



“AM I NORMAL OR MENTALLY ILL?” MOVING ON WITH THE BEREAVEMENT EXPERIENCE

Amy Y. M. Chow

The DSM-5 published in mid-2013 offers a few major changes in bereavement-related disorders. These include the elimination of bereavement-exclusion in depression and adjustment disorder. A new diagnosis, Persistent Complex Bereavement Disorder (PCBD), is proposed to the Section III of the Appendix. Based on the findings in a survey with bereaved persons in Hong Kong, the likelihood for bereaved persons to get the diagnosis will be discussed. Moreover, an newly developed intervention model which is inspired by the concept of Targeted Therapy in cancer treatment, the ADAPTS targeted intervention model will be introduced. It builds on the acronym of bereavement-related Anxiety, bereavement-related Depression, Adjustment, Physical symptoms, Traumatization and Separation distress, recognizes the diversifications of bereavement reactions. Instead of offering a “one-size fits all” mode of intervention, ADAPTS model values the assessment of reactions and targets the intervention towards the major concern of the bereaved persons systematically. The assessment process borrows the McKissock Model of grief counseling as a guiding framework, facilitating the bereaved persons in exploring their grieving process in an organized way. In this presentation, the model will be elaborated step by step, hoping to sketch the possible pathway of moving on in bereavement.

**Amy Yin Man Chow Ph.D., M. Soc. Sc., R.S.W., F.T.
Hong Kong, SAR, China**

Amy Y. M. Chow is Associate Professor with the Department of Social Work and Social Administration at the University of Hong Kong. She is a board member of the prestigious International Workgroup on Death, Dying and Bereavement, a registered social worker with the Hong Kong Social Workers Registration Board and a fellow in thanatology with the Association for Death Education and Counselling. With her background as the former Centre Director and founder of the Jessie and Thomas Tam Centre, the first community bereavement counseling centre



in Hong Kong, Professor Chow transferred her expertise in bereavement to teaching and research. She was awarded as the first Fellow in Thanatology in Asia. Her achievements in bereavement research are well recognized locally and internationally. She received the *Association for Death Education and Counseling 2005 Cross-Cultural Award*, the *Cadenza Fellow in 2008*, *Distinguished Alumni Award 2013 of Department of Social Work, CUHK*, *2013 Rainbow of Life Outstanding Individual Award*, *2015 Outstanding Social Worker Award* and *2015 Outstanding Teaching Award*.

LOOKING BACK AND LOOKING FORWARD

Colin Murray Parkes

Recipient of the International Center for the Study of Loss, Bereavement and Human Resilience Award for Lifetime Contributions to the Field of Loss, Bereavement and Human Resilience

This talk opens with a personal review of the theoretical and clinical development of our thinking about love, loss and transition to survey where we are now. But past and present are mere stepping stones for what comes next. Looking towards the future, I would like to share with you my perspective on the challenges and opportunities that lie ahead.

Colin Murray Parkes, OBE, MD, FRCPsych., DL

Aged 87 years. Author, researcher and Emeritus Consultant Psychiatrist to St Christopher's Hospice, Sydenham and President for Life of Cruse: Bereavement Care.

Author of:

Bereavement: Studies of Grief in Adult Life, Love and Loss: the roots of Grief and its Complications

The Price of Love: selected works of Colin Murray Parkes.

Editor of *Death and Bereavement across Cultures*, and *Responses to Terrorism: Can the cycle be broken?* all publ. Routledge.

Also of numerous publications on psychological aspects of bereavement, amputation of a limb and other life crises. Editorial Board of *Bereavement Care*, and *Mortality*.



Worked with John Bowlby at the Tavistock Institute on problems of attachments and losses in adult life, with Dame Cicely Saunders on the inception of palliative care and bereavement services at S Christopher' Hospice, Sydenham and with Margaret Torrie and Derek Nuttall to develop a nation-wide bereavement service Cruse Bereavement care using carefully selected, trained and supervised volunteers.

Recent work has focused on prolonged grief disorder, traumatic bereavements (with special reference to violent deaths, armed conflict, and the cycle of violence) and on the roots in the attachments of childhood of the psychiatric problems that can follow the loss of attachments in adult life.

He was awarded an OBE by Her Majesty The Queen for his services to bereaved people in June 1996. and, more recently, the honorary degree of Doctor of Laws from Bath University and the Times/Sternberg Active Life Award to recognise outstanding contributions to society and good causes.

WHEN LIVING HURTS: THE USE OF IMAGINATION IN IMPOSSIBLE SITUATIONS

Mooli Lahad

Loss grief and bereavement encounter us with the limitations to make sense, to solve unfinished business, to communicate with the beyond and to find solace in the present moment.

The Western world is ambivalent towards imagination more so the mental health system. On the one hand imagination & creativity are seen as a source of ingenuity and on the other as the source of pain and distress. For over 30 years I have been working with loss and trauma and realized that for many of the clients the choice of playfulness, creativity and imagination was blocked, yet nightmares and intrusions, the negative manifestation of imagination were haunting them.

I then concluded that if imagination is the source of pain it should also be the way out.

The lecture will discuss the ambivalence from historic, spiritual, anthropologic, bio-medicine, psychology and art and will include few clips from known films to demonstrate the power of 'Fantastic Reality' in impossible situations and how it is used in therapy.

Mooli Lahad Ph.D.

Senior Medical and Education Psychologist, Professor of Psychology & Dramatherapy at Tel Hai College Israel and Founder and President of the Community Stress Prevention Center (CSPC). One of the worlds leading experts on the integration of the art form therapies and psychotrauma/coping with disasters. Prof. Lahad is the Vice President of the Israeli Trauma Coalition.

He is the author and co author of 30 books and many articles on the topics of the use of creative therapies in post trauma and grief, communities under stress and coping with life threatening situations.

The recipient of three professional prizes: The Israeli Psychology Association - Bonner Prize, The Adler Institute for the Welfare of the Child Prize Tel Aviv University, and the Israeli Lottery Prize.



TRAUMATIC LOSS IN THE NEWS-AND IN THE HEARTS AND MINDS OF THE PUBLIC
Simon Shimshon Rubin, Ruth Malkinson, Eliezer Witztum

In Israel and in the world, the emotional response to the exposure to news of violent death due to acts of terror and violence claim a disproportionate share of our attention. In this plenary address, we set aside our planned presentation in order to address the interface of trauma and bereavement for both the bereaved and the general public. While survival of the individual and group depend on vigilance focused on dangers to self and other, deaths that occur under what can be termed conditions of “traumatic bereavement” raise particular challenges for the bereaved and society. In this presentation, we will consider some of the factors that shape the understandings of traumatic bereavement in Israel with attention to cultural, historical, societal forces relevant to placing traumatic loss and bereavement in context. The mental health and societal implications of how traumatic bereavements are understood are significant. As psychotherapists and teachers of psychotherapy, we shall address some of the clinical and research implications of our perspective.

For further reading:

Rubin, S.S., Malkinson, R. & Witztum, E. (2012). ***Working with the Bereaved: Multiple Lenses on Loss and Mourning***. New York: Routledge. ISBN-10: 0415881668

Rubin, S.S., Malkinson, E., & Witztum, E. (2016). ***The Many Faces of Loss and Bereavement: Theory and Therapy***. Haifa, Israel: University of Haifa Press and Pardess Publishing. (Hebrew). **הפנים הרבות של האובדן והשכול: תיאוריה וטיפול**

Simon Shimshon Rubin, Ph.D. is a professor of Clinical Psychology at the University of Haifa. He is founder and director of the International Center for the Study of Loss, Bereavement and Human Resilience and Director of the Postgraduate Program in Psychotherapy at the University of Haifa. An active clinician, Professor Rubin areas of research include bereavement, the teaching of psychotherapy, and ethics of the professions.

Ruth Malkinson, Ph.D., is Director of Training at the International Center for the Study of Loss, Bereavement and Human Resilience at the University of Haifa. She is the director of the Israeli Center of REBT (Rational Emotive Behavior Therapy). Her book "*Cognitive grief therapy: Constructing a rational meaning to life following loss*" was published in 2007 by Norton.

Eliezer Witztum, M.D. is professor in the Division of Psychiatry, Faculty of Health Sciences, at Ben-Gurion University of the Negev in Israel. Professor Witztum is chairman of the School of Psychotherapy at the Faculty of Health Sciences there and is director of Psychotherapy Supervision at the Mental Health Center, Beer Sheva. Previously, he was senior consultant psychiatrist at the Community Mental Health Center of Ezrat Nashim Hospital in Jerusalem. A prolific writer, he has written more than 200 scientific publications and 15 books including *Social, Cultural and Clinical Aspects of the Ethiopian Immigrants in Israel* published in 2012.

The presenters have published *Working with the Bereaved: Multiple Lenses on Loss and Mourning* with Routledge in 2012, *Loss and Bereavement in Jewish Society in Israel* in 1993 and *Traumatic and Nontraumatic Loss and Bereavement: Clinical Theory and Practice* in 2000. Their most recent Hebrew book, *The Many Faces of Loss and Bereavement: Theory and Therapy* is due to be published by the University of Haifa Press and Pardes Publishers in March of 2016.



SCIENTIFIC PROGRAM

Monday, January 11, 2016

08:00 *Registration desk opens at the Isrotel King Solomon Hotel*

10:00 - 19:00 **Pre-Conference Workshop - Plenary** **Avshalom Hall**

WELCOME AND INTRODUCTION

Ruth Malkinson, Israel

TECHNIQUES OF GRIEF THERAPY: CREATIVE PRACTICES FOR COUNSELING THE BEREAVED

Robert Neimeyer, USA

12:30 *Light lunch*



13:30 Pre-Conference Workshop - Continued

16:00 *Coffee break*



16:30 Pre-Conference Workshop - Continued

19:00 End of Sessions

Tuesday, January 12, 2016

08:00 - 12:30 **Pre-Conference Workshop (cont.)** **Avshalom Hall**

TECHNIQUES OF GRIEF THERAPY: CREATIVE PRACTICES FOR COUNSELING THE BEREAVED (Continued)

Robert Neimeyer, USA

12:30 *Conclusion of the Pre-Conference Workshop*

Tuesday, January 12, 2016

10:00 *Registration for Conference opens*

12:30 *Light lunch*



13:30 - 15:45

Welcome Ceremony - Plenary

King Solomon Hall

Simultaneous Translation

OPENING REMARKS

Prof. Simon Shimshon Rubin, Director, International Center for the Study of Loss, Bereavement and Human Resilience, University of Haifa, Israel

Mr. Arie Mualem, Assistant Director-general, Director Families and Commemoration Department, Israel

Mr. Bennie Leezer, Co-CEO of Elah, the Center for Mental Coping with Loss, Israel

Prof. Shlomo Mor Yossef, Director General of National Insurance Institute of Israel

Ms. Iris Florentin, Deputy Director General, Director, The Division of Social and Personal Affairs, Ministry of Social Affairs and Social Services of Israel

OPENING PLENARY LECTURE

Chair: **Simon Shimshon Rubin**, Israel

INTERVENING IN MEANING: NEW DIRECTIONS IN GRIEF THERAPY

Robert Neimeyer, USA

15:45 *Coffee break and view e-posters*



Tuesday, January 12, 2016 (Continued)

16:15 - 17:45

**Parallel Session A - IV
TREATMENT**

Meeting Room

Chairs: **Eddy Pakes**, Canada
Ofri Bar-Nadav, Israel

TWO-TRACK TREATMENT OF TRAUMATIC SPOUSAL LOSS
Ofri Bar-Nadav, Israel

PSYCHIATRIC ASPECTS OF BEREAVEMENT AND TRAUMA; BUILDING RESILIENCE
VIA INDIVIDUAL, FAMILY, EMPATHIC GROUPS AND MEDICATION
Eddy Pakes, Canada

ENHANCING EMPATHY THROUGH REFLECTIVE GROUP PRACTICE
Sandra Carolyn Cohen, Australia

MOURNING THROUGH THE BODY
Batya Ruth Monder, USA

SEAM: REPAIRING THE FABRIC OF LIFE AFTER TRAUMATIC LOSS
Phyllis Kosminsky, USA

TO LOSE AN UNBORN CHILD: PTSD, DEPRESSION AND RELATIONSHIP QUALITY
FOLLOWING PREGNANCY LOSS
Danny Horesh, Malka Nukrian, Yael Bialik, Israel

17:45 *Short break*

18:00 - 19:15

**Parallel Session B - V
Workshop**

Meeting Room

A TRADITIONAL FORMULAIC PRACTICE IN PSYCHOTHERAPY:
ON THE (OVERLOOKED) HEALING VIRTUES OF WOMEN'S WAILING
IN MOURNING EVENTS
Tova Gamliel, Israel

20:30 *Evening Program - King Solomon Hall*
A performance by Ilana Yahav - "Sand Art"

Wednesday, January 13, 2016

08:30 - 10:00

**Parallel Session C - V
RESEARCH**

Meeting Room

Chairs: **Irwin Sandler**, USA
Chaya Possick, Israel

REMINISCENCE AND THE HEALTH OF ISRAELI HOLOCAUST SURVIVORS
Norm O'Rourke, Yaacov Bachner, Sara Carmel, Israel

EMBODIED LOSS OF WOMEN CARRIERS OF BRCA MUTATIONS FOLLOWING
RISK-REDUCING SURGERY
Chaya Possick, Michal Mahat-Shamir, Israel

THE EFFECTS OF THE FAMILY BEREAVEMENT PROGRAM TO REDUCE SUICIDAL
BEHAVIOR OF PARENTALLY BEREAVED CHILDREN SIX AND FIFTEEN YEARS LATER
Irwin Sandler, Jenn-Yun Tein, Sharlene Wolchik, Tim Ayers, USA

MILITARY TRAUMA AND RESOURCE LOSS IN BEDOUIN MEMBERS OF THE ISRAELI
DEFENSE FORCE
Ortal Slobodin, Yael Caspi, Israel

THE RIGHT TO MOURN OF PEOPLE WITH DEMENTIA ATTENDING ADULT DAY CARE
Rakel Berenbaum, Chariklia Tziraki, Jiska Cohen-Mansfield, Israel

10:00 *Coffee break and view e-posters*



10:30 - 12:30

Plenary Lectures

Bat Sheva Hall

Chairs: **Eti Ablin**, Israel
Ronit Shalev, Israel

10:30 WHEN LIVING HURTS: THE USE OF IMAGINATION IN IMPOSSIBLE
SITUATIONS
Mooli Lahad, Israel

11:30 TRAUMATIC LOSS IN THE NEWS AND IN THE HEARTS AND MINDS OF THE
PUBLIC
Ruth Malkinson, **Shimshon Rubin**, **Eliezer Witztum**, Israel

12:30 *Light lunch*



Wednesday, January 13, 2016 (Continued)

13:30 - 15:00 **Parallel Session D - V** **Meeting Room**
Workshop

TWO PROGRAMS TO PROMOTE RESILIENCE OF BEREAVED PARENTS
Irwin N. Sandler, Robin Goodman, USA

15:00 *Coffee break and view e-posters*



15:30 - 17:00 **Parallel Session E - V** **Meeting Room**
CULTURE AND RELIGION

Chairs: **Thomas Geldmacher**, Austria
 Hamutal Bar-Yosef, Israel

THE POLITICS OF GRIEF - MAKING LOSS AN ISSUE
Thomas Geldmacher, Daniela Musiol, Austria

LIVING IN MANDATORY PALESTINE: PERSONAL NARRATIVES OF THE GALILEE
FROM THE 1940s TO 1967
Roberta Rubin Greene, Shira Hantman, USA

MEMORY, TRAUMA, AND THE FUNCTIONS OF REMINISCENCE AMONG
HOLOCAUST SURVIVORS
Norm O'Rourke, Sara Carmel, Yaacov Bachner, Israel

THE PROCESS OF OVERCOMING TRAUMAS
Hamutal Bar-Yosef, Israel

WEAVING BIBLICAL TEXTS AND PERSONAL POEMS - A JEWISH SPIRITUAL HEALING
GROUP FOR WIDOWS
Lessa Roskin, Israel

17:00 *Short break*



Wednesday, January 13, 2016 (Continued)

17:15 - 18:00 **Plenary Lecture** **King Solomon Hall**

Chairs: **Mooli Lahad, Israel**
 Ofri Bar-Nadav, Israel

“AM I NORMAL OR MENTALLY ILL?”: MOVING ON WITH THE BEREAVEMENT
EXPERIENCE

Amy Chow, SAR China

21:00 *Evening Program - Entertainment Lobby*
 A "moving" experience by Zahara Elias-Cohen

Thursday, January 14, 2016

08:00 - 09:45 **Parallel Session G - V** **Meeting Room**
 RELATIONSHIPS

Chairs: **Phyllis Kosminsky, USA**
 Kobi Tourgeman, Israel

THE EXPERIENCE OF LOSING A GRANDCHILD AND MEANING IN LIFE AFTER
THE LOSS

Kobi Tourgeman, Israel

EARLY ATTACHMENT TRAUMA: IMPACT ON ADULT GRIEF AND IMPLICATIONS
FOR TREATMENT

Phyllis Kosminsky, USA

WALKING THE GRIEF JOURNEY WITH SENIOR SIBLINGS

Deborah Deeter, Canada

IF YOU WRITE MY STORY: HELPING CHILDREN IN GRIEF

Gil Reich, Israel

SAY YES TO LIFE IN SPITE OF...

LOGOTHERAPY AS A FUNDAMENT TO MENTAL RESILIENCE IN FACE
OF HOSTILITY AND DEATH

Gideon Millul, Israel

Thursday, January 14, 2016 (Continued)

08:00 - 09:45

**Parallel Session - G - VI
Workshop**

Angelina

RESPONDING TO GRIEF: BUILDING RESILIENCE - THE SEVEN SPIRITUAL STEPS
Sherri Mandell, Israel

09:45 *Coffee break and view e-posters*



10:30 - 12:15

Closing Ceremony - Plenary

King Solomon Hall

LIFETIME ACHIEVEMENT AWARDS

Chair: **Ilan Sharif**, Israel

Ruth Malkinson, Israel

Colin Parkes, UK

Gila Silverman on behalf of Prof Phyllis Silverman, USA

CLOSING PLENARY LECTURE

Chair: **Ruth Malkinson**, Israel

LOOKING BACK AND LOOKING FORWARD

Colin Parkes, UK

CLOSING REMARKS

Shimshon Rubin, Israel

12:15 *Conclusion of the conference*

POSTER PRESENTATIONS (ENGLISH)

MORTALITY COMMUNICATION PREDICTS PSYCHOLOGICAL DISTRESS AMONG FAMILY CAREGIVERS OF HOME HOSPICE AND HOSPITAL INPATIENTS WITH TERMINAL CANCER

Yaacov Bachner, Israel

DIVORCE AND BEREAVEMENT - WEIGHT OF LOSS IN LATER LIFE: RESULTS FROM KOREA WELFARE PANEL STUDY (KOWEPS)

Yaeji Kim, Republic of Korea

COMPLICATED GRIEF DISORDER, EMOTIONAL REACTIONS AND ATTITUDES AMONG FAMILY MEMBERS OF PATIENTS IN VEGETATIVE AND MINIMALLY CONSCIOUS STATE

Ittai Dayan, **Esther Lee-Marcus**, Uriel Heresco-Levy, Israel

FEAR OF DEATH, MORTALITY COMMUNICATION, AND PSYCHOLOGICAL DISTRESS AMONG SECULAR AND RELIGIOUSLY OBSERVANT FAMILY CAREGIVERS OF TERMINAL CANCER PATIENTS

Norm O'Rourke, Israel

RESILIENCE AND THE PSYCHOLOGICAL WELL-BEING OF WIDOWED WOMEN

Norm O'Rourke, Israel

CONFIDANT NETWORK CHANGES AND ADJUSTMENT TO WIDOWHOOD IN THE SECOND HALF OF LIFE

Ella Schwartz, Israel