

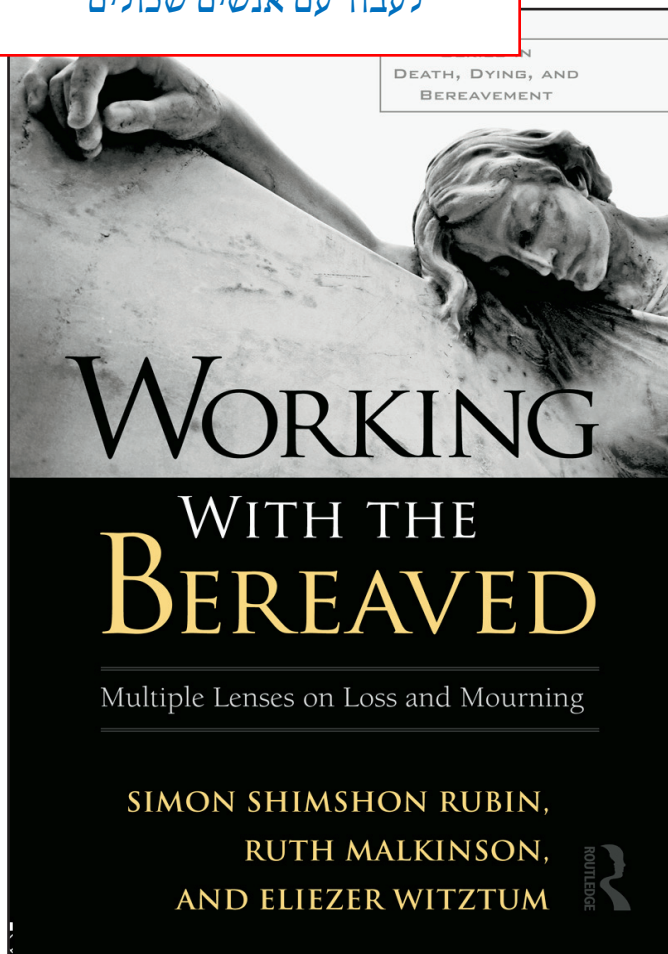
# Working with the Bereaved

## *Multiple Lenses on Loss and Mourning*

SIMON SHIMSHON RUBIN, RUTH MALKINSON, AND  
ELIEZER WITZTUM

ספר חדש

לעבוד עם אנשים שכולים



*"This is an astounding work. It should be required reading for anyone treating mourners, regardless of their theoretical persuasion or mental health profession. I guarantee that you won't find another book that speaks to therapists better than this one. I cannot recommend this book highly enough to any clinician—whether novice or old pro. It is, without question, the best book of its kind."* —**Therese A. Rando, PhD, author of *Coping With the Sudden Death of Your Loved One: Self-Help for Traumatic Bereavement***

*Working With the Bereaved: Multiple Lenses on Loss and Mourning* summarizes the major themes in bereavement research and clinical work and uses the authors' own cutting-edge research to show mental-health practitioners how to integrate these themes into their practice. It provides clinicians with a framework for exploring their own emotional and intellectual assumptions about loss and bereavement, and it goes on to summarize state-of-the-art thinking in the field. The heart of the book focuses on the theoretical and clinical implications of the empirically validated Two-Track Model of Bereavement, as well as a variety of therapeutic techniques designed to help the bereaved both reapproach life and manage their continuing bonds with the deceased. The later chapters examine methods for integrating systems and family perspectives in therapy, for attending to the implications of culture and religion, and for meeting crises and emergencies in bereavement care. The concluding chapter addresses self-care, well-being, and resilience, offering practical guidelines for both the bereaved and those who treat them.

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